

Individual Development, Leadership and Coaching:

An in-depth workshop and Spiral Dynamics Level 2 training.

How do we support ourselves and our clients through these most challenging times?

As a coach, facilitator or witness of another's developmental journey it is a primary skill or capacity to navigate these turbulent times and waves and enable others to do likewise with skill & awareness.

Our intention with this event is to facilitate a deep exploration of human development driven by the living systems intelligence of Spiral Dynamics and drawing on the experience and wisdom of participants.

Over recent centuries, humanity has increasingly believed in the power of reason and the dominance of the analytical mind. It has relished the success of technology and the illusion of mastery over the material world. Two large and visible flaws have become apparent:



- 1) The dominance of the mind has diminished our respect for our somatic systems and intuitive knowing, reducing our sense of connectedness to nature and each other and suppressing our human spirit. We have neglected the Beige, Purple and Red systems.
- 2) The supremacy of a mechanistic and matter-based view of organisations and society has caused us to ignore contexts, antecedents, stories, beliefs and emotional responses. Many are trapped in trying to control the world's chaos and turbulence, unable to adapt to a Volatile, Uncertain and Chaotic world or to thrive on the liminal edge. Some who are stuck in the Blue and Orange systems have become hubristic, rigid and dominating while Green thinking struggles to break out of disempowerment.



An overriding key to our success in navigating the new conditions that face us, is in our development of the capacity to surf, not analyse the wave. That means living in the instant, in this NOW moment, willing to be in the unknown, sensing and choosing on a continuous basis, ready to see the results of our choices and make adjustments. It is the fail fast and fail often, agile mind-set turned into a way of being. It requires all of our capabilities to be on stream.

Based within a framework of Developmental stages according to Spiral Dynamics, we will explore, unpack and develop awareness of:

- How we learn at different levels of development and how to re-awaken lost modalities
- What the differing capacities are at each stage and how to see what is missing and needed
- Potential and typical wounding that can occur leading to arrested or closed development
- New frames for 'Leadership' such as Liminal, Relational/Collective, Participatory, Conscious

This training is for coaches, mentors or guides who are working in the Personal Development Field and/or supporting Leaders in their inner development, navigating the change waves with an

awareness of the larger field. The training will be an experiential co-creation, drawing from all that is in the room.

You will come out of it with wider understanding, sensing and experience of:

- How each developmental stage operates in you, and in them
- How to integrate these perspectives with your current methods in support of your clients
- How to unlock and integrate the stages, unlearn dysfunctional teachings and habits
- How to lead people towards an expanded perceptual bandwidth and a sense of empowerment and choice when the maps are failing, and the experts clueless

Prerequisites

It is possible to attend this training without being fully Level 1 Certified, but significant prior knowledge will be required if you are to benefit. We will discuss those requirements if you are interested. You would not receive a Level 2 certificate, until after you complete a Level 1.

How to Book

The dates for this training are March 22nd to 24th, in Central London WC1B.

The training is priced at £1195 and is non-residential. **A special early-bird discount price of £695 will be offered to the first three non-corporate attendees who pay a deposit before February 15th.** A rate of £995 per person is offered to three or more attendees from the same organisation. Other discounts can be seen on the registration page, or Please e-mail jon@jonfreeman.co.uk for further details.

To register, please go to www.spiralfutures.com/page41.html. Registration requires a £400 deposit. The remainder will be invoiced separately and can be paid by BACS/ Paypal /Transferwise.

Facilitators



Jon Freeman is a generalist in an age of specialists, a systems thinker with high originality and a wide-ranging top-down perspective on individual, organisational and societal behaviour. His expertise in the theory and application of Spiral Dynamics is widely acknowledged. He is the author of two well-reviewed books, "The Science of Possibility" and "Reinventing Capitalism" and many published articles in Kosmos, Integral Leadership Review and others. He is a founder Director of Conscious Capitalism UK, an Associate of Future Considerations and a member of the RSA.

Rachel Castagne draws on a background in psychology and communications as an intuitive bodyworker with a practice in accessing the hidden wisdom of our body's intelligence often expressed through disease. Interested in accessing collective intelligence and supporting collective emergence through the Art of Hosting and Collective Presencing, Rachel has facilitated trainings that develop and integrate the potentials and latent resources within individuals and groups. Rachel is known for the valuable inner resources that she brings to facilitate authentic connection and radically honest engagement. She recently co-facilitated an experiential journey through the Spiral for over 100 participants.



Jon and Rachel are accredited by Dr. Don Beck to offer full certification trainings and have been teaching SDi together since 2009.